

## Resources Available in Northridge Bookstore

### Booklets:

- **A.D.D.** - Wandering Minds and Wired Bodies, By Ed Welch
- **Anger** - Escaping the Maze, By David Powlison
- **Angry At God?** Bring Him Your Doubts & Questions, By Robert Jones
- **Angry Children.** Understanding and Helping Your Child Regain Control, By CCEF
- **Asperger Syndrome.** By Michael Emler
- **Bad Memories.** Getting Past Your Past, By Robert Jones
- **Bipolar Disorder.** Understanding and Help for Extreme Mood Swings, By CCEF
- **Breaking the Addictive Cycle.** Deadly Obsessions or Simple Pleasures? By CCEF
- **Burned Out?** Trusting God with Your "To-Do" List, By CCEF
- **Christ And Your Problems.** By Jay Adams
- **Chronic Pain.** Living by Faith When Your Body Hurts, By CCEF
- **Conflict.** A Redemptive Opportunity, By CCEF
- **Depression.** The Way Up When You Are Down, By Ed Welch
- **Divorce Recovery.** Growing and Healing God's Way, By CCEF
- **Domestic Abuse.** How to Help, By David Powlison, Paul Tripp & Ed Welch
- **Eating Disorders.** The Quest for Thinness, By CCEF
- **Facing Death with Hope.** Living for What Lasts, By CCEF
- **Family Feuds.** How to Respond, By CCEF
- **Forgiveness.** "I Just Can't Forgive Myself!" By Robert Jones
- **Forgiving Others.** Joining Wisdom and Love, By CCEF
- **Freedom from Guilt.** Finding Release from Your Burdens, By CCEF
- **Freedom from Resentment.** Stopping Hurts from Turning Bitter, By CCEF
- **God's Love.** Better than Unconditional, By David Powlison
- **Grief.** Finding Hope Again, By CCEF
- **Grieving and Suicide.** Help for the Aftershock, By CCEF
- **Guidance.** Have I Missed God's Best? By James Petty
- **Healing after Abortion.** God's Mercy Is for You, By CCEF
- **Help for Stepfamilies.** Avoiding the Pitfalls and Learning to Love, By CCEF
- **Help for the Caregiver.** Facing the Challenges with Understanding and Strength, By CCEF
- **Help! My Spouse Committed Adultery.** First Steps for Dealing with Betrayal, By CCEF
- **Helping Your Adopted Child.** Understanding Your Child's Unique Identity, By CCEF
- **How Do I Stop Losing It with My Kids?** Getting to the Heart of Your Discipline Problems, By CCEF
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- **I'm Exhausted.** What to Do When You're Always Tired, By CCEF
- **It's All About Me.** The Problem With Masturbation, By CCEF
- **'Just One More'** When Desires Don't Take No for an Answer, By Ed Welch
- **Life Beyond Your Parent's Mistakes.** The Transforming Power of God's Love, By CCEF
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- **OCD.** Freedom for the Obsessive-Compulsive, By Michail Emler
- **Peer Pressure.** Recognizing the Warning Signs and Giving New Direction, By CCEF
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